

SINCE 2008

## PORTO & FI

CAFÉ & BISTRO

### STARTERS OR LIGHT MEALS

<b>CALAMARI TEMPURA</b> served <u>w</u> a chimichurri mayo	7.00
<b>SOUP OF THE DAY</b> <u>w</u> crusty bread (v)(gf option)	4.65
<b>A STACK OF FLAKED HOT SMOKED SALMON,</b> roasted balsamic beetroot & rocket <u>w</u> horseradish cream (gf)	7.25
<b>LAMB KOFTAS</b> <u>w</u> tzatziki & flat bread (gf option)	6.95
<b>GOATS CHEESE CROSTINI</b> <u>w</u> grilled chicory, rhubarb & beetroot ketchup (v)(gf option)	6.95
<b>PORTO QUICHE OF THE DAY</b> served <u>w</u> salad (v)	starter size 6.30 main 8.00
<b>STEAK OR CHICKEN BREAST OR</b> <b>GRILLED HALLOUMI CIABATTA</b> <u>w</u> either caramelised onions or chilli jam, crisp iceberg lettuce & beef tomato <u>w</u> side salad (gf option)	7.95
<b>GREEK SALAD</b> <u>w</u> feta cheese mixed leaves & olives (v)(gf)	5.95

### FISH

<b>SEA BREAM,</b> fennel veloute, asparagus <u>w</u> potato & leek cake drizzled <u>w</u> wild garlic oil (gf)	14.50
<b>PORTO &amp; FI FISH PIE</b> topped <u>w</u> a leek mash & side salad garnish	small size 8.50 main 12.50
<b>FRESH FISH GOUJONS &amp; CHIPS</b> <u>w</u> homemade tartar sauce & fresh lemon, served in a pail	small size 7.50 main 11.25
<b>SMOKED HADDOCK KEDGEREE</b> <u>w</u> a crispy tempura egg (gf option)	small size 8.50 main 12.50

*Little People Menu available*

*(v) vegetarian (gf) gluten-free, gluten-free options where marked*

*Those with lighter appetites can have, where possible, any of the above in smaller portions.  
Vegan options can be adopted from our menu, please ask.*

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### MAINS

<b>HONEY GLAZED CHICKEN BREAST SALAD</b> <u>w</u> quinoa, red chard, pomegranate & toasted almonds (gf)	13.50
<b>BEEF 2-WAYS, HANGER STEAK</b> <u>w</u> salsa verde & <b>OX CHEEK</b> in gravy <u>w</u> Yorkshire pudding, pomme puree & purple broccoli (gf option)	14.50
<b>SMOKED HAM HOCK RISOTTO</b> <u>w</u> ham & mustard bon bons, pea & basil puree (gf option)	13.95
<b>THE HOUSE BURGER</b> (nothing added 100% beef) <u>w</u> BBQ sauce or dijonaise, salad & chips (gf option) (Add baby blue Stilton or cheddar cheese)	12.00 0.80
<b>HOMEMADE VEGGIE BURGER,</b> brioche bun, salad & sweet potato wedges <u>w</u> either chilli jam or dijonaise (v)(gf option)	11.50
<b>ROASTED BUTTERNUT SQUASH &amp;</b> <b>MIXED BEAN RATATOUILLE</b> (vegan)	11.00

### SIDE ORDERS

<b>PAIL OF CURLY FRIES</b>	3.85
<b>STORNOWAY BLACK PUDDING</b> & potato hash	3.95
<b>OLIVES AND BREAD</b> <u>w</u> Oil & Balsamic vinegar	3.50
<b>SWEET POTATO WEDGES</b> (gf)	3.95
<b>SEASONAL VEGETABLES</b>	3.65
<b>MIXED GREEN SALAD</b>	2.95
<b>ROCKET &amp; PARMESAN SALAD</b>	3.65
<b>BREAD</b>	0.80

*There are 14 major allergens that appear in foods – however, we don't list each ingredient or allergen on our menus. If you have an allergy we welcome any queries regarding ingredients and as a customer you also have a responsibility to inform us of your allergen. We make all our meals from scratch but we also keep records of ingredient labelling wherever possible.*

*Fish dishes may contain bones.*

*Note for severe allergy sufferers: All of our dishes are prepared in the same kitchen and whilst great care is taken no guarantee of zero trace of a specific allergen can be given.*

## SOFT DRINKS

Freshly squeezed for us,		<b>FENTIMANS ROSE</b>	
<b>APPLE OR ORANGE JUICE</b> 250 ml	2.45	<b>LEMONADE</b> 275ml	2.45
<b>EVIAN MINERAL WATER, GRAPE &amp; ROSE</b>		<b>FENTIMANS ELDERFLOWER</b>	
<b>OR LEMON &amp; ELDERFLOWER</b>	1.95	<b>PRESSE</b> 275ml	2.45
<b>SCOTTISH MINERAL WATER</b> (still/spk)		<b>AMERICAN CREAM SODA</b>	2.00
330ml	1.85	<b>AUSSIE GINGER BEER</b>	2.60
75cl	3.90	<b>SAN PELLEGRINO</b>	2.50
<b>ICON BOTTLED COCA COLA</b>	2.60	Aranciata, limonata, lemon & mint,	
<b>DIET COCA COLA</b>	2.50	blood orange or orange & pomegranate	

## FRESH MILK SHAKES

<b>HOUSE SPECIAL -</b>		<b>ONE OF THE ABOVE SHAKES <u>W</u></b>	
<b>FRESH BANANA &amp; COCONUT MILK</b>	2.90	<b>ICECREAM</b>	3.00
<b>REAL STRAWBERRY</b>	2.50	<b>ORKNEY ICECREAM FLOAT <u>W</u></b>	
<b>FRESH BANANA</b>	2.50	<b>CREAM SODA / COKE</b>	3.00
<b>CHOCOLATE</b>	2.35		

## COFFEE & TEA

<b>ESPRESSO</b>		<b>SOYA, OAT, COCONUT</b>	
single shot/double shot	1.70/2.40	<b>OR ALMOND MILK LATTE</b>	2.90
<b>AMERICANO</b> (dbl shot)	2.60	<b>MOCHA</b>	2.90
<b>CAFÉ LATTE</b>	2.60	<b>DECAFFEINATED COFFEE</b>	2.60
<b>CAPPUCCINO</b>	2.60	<b>DECAFFEINATED AMERICANO</b>	2.80
<b>FLAT WHITE</b>	2.90	<b>DECAFFEINATED LATTE/</b>	
<b>MACCHIATO</b>	1.80	<b>CAPPUCCINO</b>	2.80
<b>COFFEE</b>	2.40	<b>DECAFFEINATED COFFEE</b>	
		<b>ALTERNATIVE MILKS</b>	3.10
<b>ADD SYRUP:</b> vanilla, cinnamon, chocolate fudge, hazelnut or caramel			0.40
<b>BREAKFAST</b> 1.95		<b>EARL GREY</b> 1.95	
		<b>DECAFE TEA</b> 2.00	
<b>ETEAKET, SELECTION:</b> Royal earl grey, Bollywood dreams chai, Gunpowder deluxe (green tea), Blooming marvellous (green tea), Perfect peppermint, Big red rooibos, Cranberry			
			2.10

## HOT CHOCOLATE

<b>HOT CHOCOLATE SERVED <u>W</u></b>		<b>HOT CHOCOLATE SERVED <u>W</u> WHIPPED</b>	
<b>A FLAKE ON THE SIDE</b>	2.70	<b>CREAM &amp; FLAKE ON THE SIDE</b>	2.95

## KIDS DRINKS

<b>HOT CHOCOLATE <u>W</u> A FLAKE</b>	1.30	Freshly squeezed for us,	
<b>HOT CHOCOLATE <u>W</u></b>		<b>APPLE OR ORANGE JUICE</b> 250 ml	1.20
<b>A FLAKE &amp; CREAM</b>	1.65	<b>KIDS MILK</b>	0.90

*Beer, Wine & Spirits Menu Available*

*Kitchen hours*

Mon-Thurs 8.00am-7.30pm

Fri-Sat 8.00am-9.00pm

Sun 10.00am-5.30pm

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MENU

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Porto & Fi

[www.portofi.com](http://www.portofi.com)



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