

### Starters or Light Meals

Soup of the day <u>w</u> crusty bread (v)(gf option)	4.95
A stack of flaked hot smoked salmon, roasted balsamic beetroot & rocket <u>w</u> horseradish cream (gf)	8.25
Smoked ham hock & Stornoway black pudding terrine, plum chutney & granary toast	7.75
Tempura king prawn <u>w</u> a pineapple & chimichurri salsa	7.95
Porto quiche of the day <u>w</u> salad (v)	starter size 6.95    main 8.25
Steak or chicken breast or grilled halloumi ciabatta <u>w</u> either <b><u>caramelised onions or chilli jam,</u></b> crisp lettuce & tomato <u>w</u> side salad (gf option)	8.25
Greek Salad <u>w</u> feta cheese mixed leaves & olives (gf)(v)	5.95
Roasted butternut squash <u>w</u> quinoa, spiced chickpeas & tahini (gf-vegan)	6.50

### Mains

Porto & Fi fish pie topped <u>w</u> a leek mash & side salad garnish	<i>small 8.95</i> 13.95
Fresh fish goujons & curly fries <u>w</u> homemade tartar sauce & fresh lemon, served in a pail	<i>small 7.95</i> 11.95
Smoked haddock kedgeree <u>w</u> a crispy egg (gf option)	<i>small 8.95</i> 13.95
Pan fried fillet of salmon <u>w</u> crushed new potatoes, capers, buttered greens & a tarragon hollandaise (gf)	14.25
Chicken breast stuffed <u>w</u> a sundried tomato tartar, served <u>w</u> a grilled polenta & ratatouille (gf)	14.50
Asian style beef short rib <u>w</u> rice noodles (gf)	14.95
Pork & cracked black pepper bangers <u>w</u> mustard mash & onion/redcurrant jus	13.50
Wild mushroom & Provençal vegetable risotto (gf-vegan)	13.25
Panko chicken burger <u>w</u> salad, mayo & curly fries	12.95
The house burger (nothing added 100% beef) <u>w</u> BBQ sauce or dijonnaise, salad & chips (gf option)	12.95
(Add baby blue Stilton or cheddar cheese)	1.00
Homemade veggie burger, brioche bun, salad & sweet potato wedges <u>w</u> either chilli jam or dijonnaise (v)(gf-option)	12.75

### Little People menu available

#### ***Gluten free options where marked***

***Vegan options can be adopted from our menu, please ask.***

### Side orders

Pail of curly fries	3.95	Stornoway black pudding & potato hash	4.00
Sweet potato wedges (gf)	3.95	Olives and bread <u>w</u> Oil & Balsamic vinegar	3.60
Seasonal vegetables	3.70	Rocket & parmesan salad	3.90
Mixed green salad	3.00	Bread	0.90

(gf) gluten free (v) vegetarian

There are 14 major allergens that appear in foods – however, we don't list each ingredient or allergen on our menus.

If you have an allergy, we welcome any queries regarding ingredients and as a customer you also have a responsibility to inform us of your allergen. We make all our meals from scratch but we also keep records of ingredient labelling wherever possible.

Fish dishes may contain bones.

#### **Note for severe allergy sufferers:**

all of our dishes are prepared in the same kitchen and whilst great care is taken no guarantee of zero trace of a specific allergen can be given.

SINCE 2008

# PORTO & FI

CAFÉ & BISTRO

## Soft drinks

Fresh Apple or Orange Juice 300 ml	2.60
Glenlivet mineral water (still/spk)	
330ml	1.85
75cl	3.90
Icon bottled Coca Cola/	2.70
Diet Coca Cola	2.60
Fentimans Rose lemonade 275ml	2.60
Fentimans Elderflower presse 275ml	2.60
American cream soda	2.20
Aussie ginger beer	2.60
San pellegrino	2.60
Aranciata, limonata, lemon & mint, blood orange or orange & pomegranate	

## Fresh milk shakes

House Special - Fresh Banana & Coconut Milk	2.90
Real strawberry	2.50
Fresh banana	2.50
Chocolate	2.35
One of the above shakes <u>w</u> ice-cream	3.20
Orkney ice-cream float <u>w</u> cream soda /coke	3.20

## Coffee

Espresso single shot/double shot	1.70/2.40
Americano (dbl shot)	2.70
Café latte	2.80
Cappuccino	2.80
Flat White	3.20
Macchiato	1.80
Coffee	2.50
Add syrup: vanilla, cinnamon, chocolate fudge, hazelnut or caramel	0.40
Soya, Coconut, Oat or Almond milk latte	3.20
Mocha	3.20
Decaffeinated coffee	2.70
Decaffeinated americano	2.90
Decaffeinated latte/cappuccino	3.00
Decaffeinated coffee alternative milks	3.40

## Tea

Breakfast	1.95
Earl grey	1.95
Decafe Tea	2.00
Eteaket, selection;	2.10
Royal earl grey, Bollywood dreams chai, Gunpowder deluxe (green tea) Blooming marvelous (green tea) Perfect peppermint Big red rooibos Cranberry	

## Hot Chocolate

Hot chocolate served <u>w</u> a flake on the side	2.90
Hot chocolate served <u>w</u> whipped cream & flake on the side	3.30

## Kids drinks

Hot chocolate <u>w</u> a flake	2.00
Hot chocolate <u>w</u> a flake & cream	2.50
Fresh juice, apple or orange 200 ml	1.20
Kids milk	0.90

## Beer, Wine & Spirits Menu Available

